Time Left (mins)	**Separation Anxiety Time Chart**													**Daily Best**
EXAMPLE	*2*	*3*	*7*	*2*	*7*	*3*	*5*	*7*	*1*	*3*	*3*	*7*	*3*	*7 mins*
Week 1														
Day 1														
Day 2														
Day 3														
Day 4														
Day 5														
Day 6														
Day 7														
Week 2													**Weekly Best**	
Day 8														
Day 9														
Day 10														

Time Left (mins)														**Daily Best**
Day 11														
Day 12														
Day 13														
Day 14														

Week 3													**Weekly Best**	
Day 15														
Day 16														
Day 17														
Day 18														
Day 19														
Day 20														
Day 21														
Week 4													**Weekly Best**	
Day 22														
Day 23														

Day 24														
Day 25														
Day 26														
Day 27														
Day 28														